

## How to Prepare for Microblading Appointment ?

Microblading procedure usually requires multiple treatment sessions dependent on your skin type. For best results, clients will be required to return for at least one touch up appointment. This will take place 4-6 weeks after the initial procedure. Oily skin types may require an additional touch up appointment.

We offer different options of eyebrow pigmentation with effects lasting from several months to a few years. Also, we offer hair strokes, combo (which is a combination of hair strokes with shading), and fully shaded brows. Your artist will discuss the best options for you, depending on skin type, lifestyle, desired results and desired maintenance.

Numbing cream is used before the procedure – there may still be some discomfort. Please alert the artist if the pain becomes unbearable during the procedure. Your skin may be red or swollen after the procedure.

We use the highest quality tools and highest quality pigment in the industry. This allows the artist the ability to achieve the best results.

### *List of things* **to prepare you for the appointment:**

- AVOID brow waxing, tinting, microdermabrasion, or chemical peels at least one week prior to the procedure.
- DO NOT consume alcohol or caffeine 48 hours prior to the procedure session.
- DO NOT take Aspirin, Niacin, Advil, Ibuprofen, Omega-3, Fish Oil, Vitamin E or any blood thinners 48-72 hours prior to the procedure session. Tylenol is ok.
- DO NOT have Botox, filler, chemical peels, microdermabrasion, or laser treatment on eyebrows area 4 weeks prior to the procedure.
- DO NOT work out the day of the procedure.
- DO NOT get tan or expose your face to the sun 14 days before and after your procedure.
- Discontinue Retin-A, AHA (Alpha Hydroxy Acid) and Glycolic at least 2 weeks prior (and avoid on eyebrow area after procedure).
- No Accutane use one year prior.

### *On the day* **of the procedure:**

- Please do not chew gum.
- Please avoid unnecessary conversation with the artist – we need your face muscles to be relaxed.
- Please wear your normal makeup on the day of procedure. This is helpful to see the color and shape you are comfortable with.
- Please put your phone away and relax.

**Please Note:** You will be more sensitive during your menstrual cycle.