

INK BROW STUDIO

Aftercare Instructions: How to Treat Your Eyebrows After Microblading Treatment?

The healing process and results will vary for every individual. Aftercare is designed to get the most of your beauty work and keep you safe.

The day of treatment:

When you return home from the procedure, gently blot off all the lymph fluid with saline cotton pads (lymph fluid is the clear liquid that comes out from the skin). The amount of lymph fluid varies for different people. Blotting, for some people, may be required more than once.

Days 1-7 wash and moisturize:

Be gentle while washing your brows. Mix water and a neutral soap (such as Cetaphil) in your hands, cup your hands with the soap and water mix, then splash onto your brows, lastly rinse the soap with just water using the same cupping method. Do not spray water directly onto your brow, just cup your hands and gently splash the water onto your brows.

From the 3rd day onward, let your brows **AIR DRY COMPLETELY** after each wash. Put a small amount of ointment on a clean q-tip and gently apply a thin layer across the brows. This helps the healing process and minimizes itchiness. Repeat this step until your brows are fully healed.

(Oily skin types – apply aftercare ointment from the 5th day onward, unless your brows begin to itch, then start on the day they start to itch.)

List of DOs and DON'Ts for your aftercare:

- DO NOT use any products with glycolic acids, Retin-A, exfoliants or anti-aging properties at ANY TIME on your brow area (not just during healing). These products can cause pigment to fade and lighten prematurely.
- DO use fresh pillowcases.
- DO NOT scratch pick or peel your brows, let them heal naturally. Even if a scab is hanging, let it fall off on its own!
- AVOID exposure to sunlight for 30 days, it's time to wear a nice hat.
- AVOID heavy sweating activities or workouts for one week.
- Leave the makeup OFF your brows including sunblock for 1-10 days (time varies from person to person).

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- NO FACIALS or Botox for 4 weeks after the procedure.
- AVOID any other beauty procedures near the treated area; including laser treatment, waxing, tinting or chemical exfoliants.
- DO NOT take long showers, avoid direct streams of water to your face for 10 days. Wash your hair at the end of the shower.
- AVOID excessive moisture; no steam rooms, no hot tubs, no swimming pools, no saunas, lakes, rivers, or lagoons until your brows are fully heal.
- AVOID sleeping on your face. Please note sometimes when you sleep you may accidentally scratch because it is itchy.
- AVOID scratching your brows.

Please Note: Pigments will slowly fade over time according to one's skin type, sun exposure, metabolism, medication taken, facial surgery, smoking, and general lifestyle. Schedule maintenance visits as needed to keep your brows looking fresh. Periodic touch-ups will ensure longer lasting result.

What will make your eyebrows fade?

- Oily skin – hair strokes will both fade and blur over time
- Frequent exercise – the salt in sweat will cause the pigment to purge from the skin
- Certain types of medications
- Acne medications and cream
- Youth – simply put, the younger/healthier you are, the faster your cells turn over
- Anti-aging skincare products
- Lighter pigment – blondes fade faster than brunettes